



**Universität
Zürich** ^{UZH}

**UZH Leadership and
Governance Academy**

**Junior Faculty
Development**

**MeF
LEADERSHIP**

**Program
2025/2026
Faculty of Medicine**

Leadership Courses for Medicine

The Faculty of Medicine, together with the Vetsuisse Faculty and the UZH Leadership and Governance Academy offers continuing education courses on leadership. The course content is geared towards the challenges you face as an assistant professor in your leadership role. The courses equip you with the tools to be successful in the complex environment of clinic, research and teaching, while balancing this with a healthy private life.

Course Career Development

The Career Development Course offers you the opportunity to actively engage with your own career planning. You will develop self-marketing strategies and communication techniques as well as effective strategies to navigate the appointment process.

Speaker: Sibyl Schädeli, Boutique Academy, Coach and Trainer

Dates/Location: 25 February 2025, 13.30–18.00 and 26 February 2025, 13.30–18.00, University of Zurich, Center for Continuing Education, Schaffhauserstrasse 228, 8057 Zurich

Course dates 2026: 4 and 5 February 2026

Course Conflict Management



In the Conflict Management Course, you will address a wide range of topics in the field of conflict management with the goal of efficiently recognizing, addressing, and resolving conflicts within your team and the organization. A theoretical component will provide the necessary tools, which will then be applied to everyday situations of the course participants.

Speakers: Prof. Dr. Jan Schmutz, University of Zurich, Professorship for Applied Team Research; PD Dr. Michaela Kolbe, University Hospital Zurich, Head of Simulation Center

Dates/Location: 12 June 2025, 9.00–13.00 and 19 June 2025, 9.00–13.00, Simulationszentrum USZ, Huttenstrasse 46, HUT 46 C3, Zürich

Course Leadership and Work-Life-Balance: Different perspectives and challenges



The Leadership and Work-Life-Balance Course offers you the opportunity to gain input for your own leadership roles. You will learn how to develop strategies and respond competently in high-stress situations. Emphasis is placed on dealing with your own leadership challenges as well as issues of balancing clinical and research demands, work and personal life.

Speakers: **Prof. Dr. Gudrun Sander**, Director Institute for International Management and Diversity Management IIDM-HSG and Director Competence Center for Diversity, Disability and Inclusion CCDI, University of St. Gallen;
Dr. med. Sabine Werner, Coach and Trainer, Specialist in Dermatology

Date/Location: 12 November 2025, 9.00–17.30, University of Zurich, Center for Continuing Education, Schaffhauserstrasse 228, 8057 Zurich

Course Managing Difficult Conversations



The Managing Difficult Conversations Course gives you the opportunity to practice difficult conversational situations that may arise at the interface of care, research and teaching. With easy-to-use tools the course will enlarge your skills set to deal with challenging scenarios. In addition to a short theoretical section, the focus is on practical application, so that you can maneuver confidently and competently through difficult conversational situations. There will be an opportunity for you to send in everyday situations before the course, which will then be discussed in the course (optional).

Speaker: **Dr. Michael Steinmetz**, xcg Executive Consulting Group AG, Client Partner

Date/Location: 9 September 2025, 9.00–17.30, University of Zurich, Center for Continuing Education, Schaffhauserstrasse 228, 8057 Zurich

Course Stress Management and Strengthening Resilience

The Stress Management and Strengthening Resilience Course focuses on strengthening resilience, stress management and dealing with critical events. You will learn how to overcome challenges through a solution- and resource-oriented approach. The content taught in the first part of the course is applied in the second part based on personal experience.

Speaker: **Claudia Buser**, M.Sc., Psychologist FSP and Physiotherapist FH, Head of Dean's Office of Student Affairs, Faculty of Medicine, University of Bern

Dates/Location: 20 March 2026, 9.00–13.00 and 17 April 2026, 9.00–13.00, University of Zurich, Center for Continuing Education, Schaffhauserstrasse 228, 8057 Zurich

Registration

Invited to the courses are participants of the UZH Leadership Program for Professors from the Faculty of Medicine and the Vetsuisse Faculty as well as Assistant Professors and Externally Funded Assistant Professors of the Faculty of Medicine and the Vetsuisse Faculty.

The courses are free of charge for professors of the Faculty of Medicine and the Vetsuisse Faculty. The costs are covered by the Faculty of Medicine and the Vetsuisse Faculty.

Recognition of the courses by SIWF is in process.

You can register for the courses via the following link:



[Leadership Courses Faculty of Medicine](#)

If you have any questions, please contact Dr. Isabelle Odermatt,
UZH Leadership and Governance Academy, isabelle.odermatt@uzh.ch